

Basic Rock Beat Worksheets

These exercises should be viewed as the basics. Mastering these rhythms is really just a starting point for discovering rock and funk drumming. Once you are comfortable with the patterns, there is much more to explore and discover.

There are also many good rock and funk books available that will help you to build endlessly on this material.

How to Practice

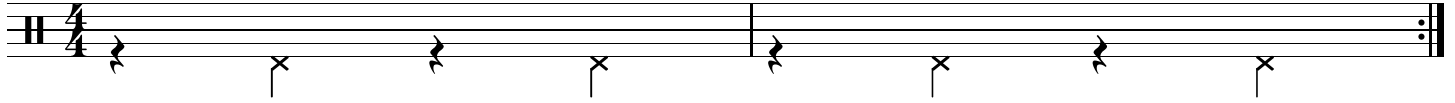
1. Begin with the first Hi-Hat Pattern from Section 1
2. Play the first Cymbal Pattern from Section 2
3. Add the first Bass Drum Pattern from Section 3 along with snare on 2 & 4 and play for 5 minutes
4. Continue down the list of Bass Drum Patterns in Section 3, playing each against the established cymbal, snare and hi-hat combination for 5 minutes
5. Practice daily for one week or until competent. Then move on to the next Cymbal Pattern from Section 2, and repeat from Step 3
6. Note that cymbal patterns 6 and 7 are to be played on the hi-hat
7. When the entire rotation of Cymbal Patterns is complete, go on to the next Hi-Hat Pattern from Section 1 and begin again from Step 2 with Cymbal Pattern number 1

Advanced Practice: To switch it up a bit, try reversing your hands. Play the Cymbal Patterns with your snare hand and the snare part with your cymbal hand. This will help you develop an 'open-handed' playing style.

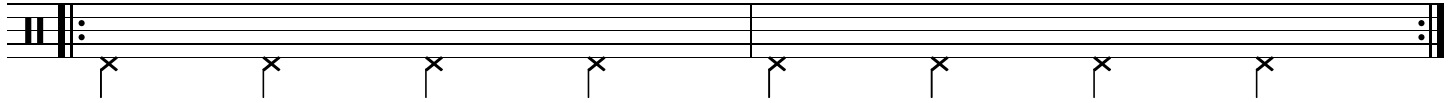
Basic Rock Beats - 1

Hi-hat Foot Patterns

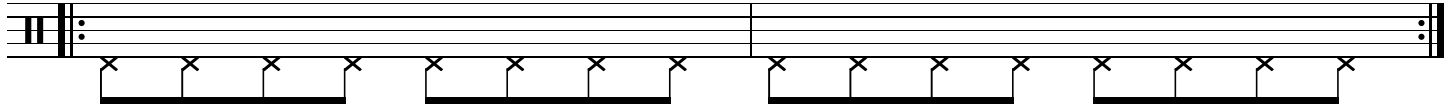
I



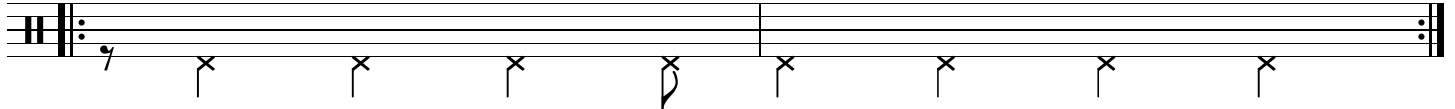
II



III

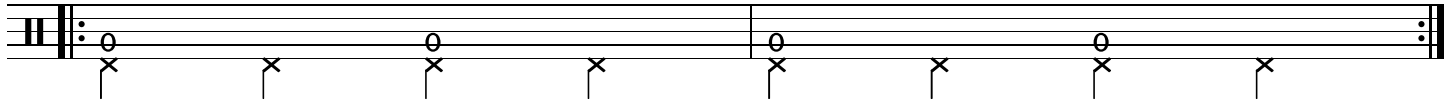


IV



V

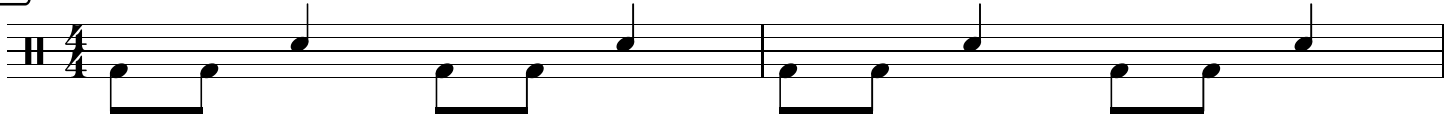
Splash the hi-hat on 1 & 3 with the foot only



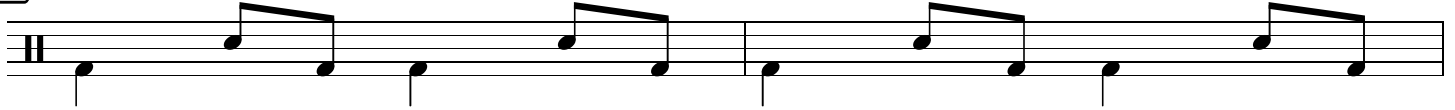
Basic Rock Beats - 3

Bass Drum Patterns

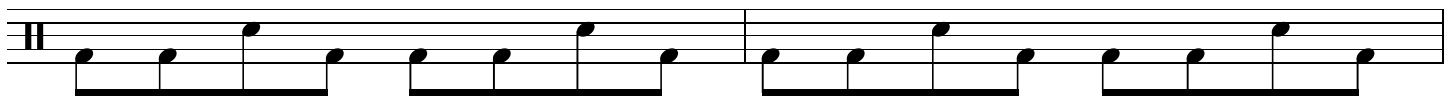
A



B



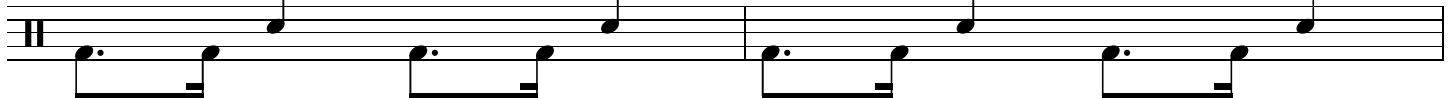
C



D



E



F



G

(This is a Mambo foot pattern)

